


In collaboration with New Jersey Network (NJN)
**The New Jersey Department of Education,
Division of Student Services, Office of Program Support Services**
is pleased to host the statewide conference



Safe, Disciplined and Drug-Free Schools

Exemplary Programs Showcase

**You are invited to attend this very special conference
that is designed to showcase programs designated as exemplary
by the United States Department of Education's
Expert Panel on Safe, Disciplined and Drug-Free Schools.**

William Modzeleski, Associate Deputy Undersecretary of the U.S. Department of Education's Office of Safe and Drug-Free Schools, will join us and provide keynote remarks. Speakers from across the country will provide information on their programs that have been proven to be effective in preventing substance abuse, violent behavior and other at-risk student problems, based on scientifically based research.

**Hear what they have to say about how these programs can be
replicated in New Jersey schools to achieve positive results and to
fulfill the requirements of the Safe and Drug-Free Schools and
Communities Act (Title IV) of the No Child Left Behind Act of 2001.**

Participants will receive Professional Development hours for attending, as well as a free copy of the publication titled, Exemplary and Promising Safe, Disciplined and Drug-Free Schools Programs 2001, by the United States Department of Education.

Friday, May 16, 2003 • 8 AM to 3:30 PM

**The National Conference Center at the Ramada Inn
East Windsor, NJ**

James E. McGreevey, Governor
State of New Jersey

Isaac Bryant, Assistant Commissioner
Division of Student Services

Dr. William L. Librera, Commissioner
New Jersey Department of Education

Susan B. Martz, Director
Office of Program Support Services

Conference funded under the federal Safe and Drug-Free Schools and Communities Act

Agenda

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|--------------------------|--|
| 8:00 a.m. to 9:00 a.m. | Registration, Coffee and Exemplary Program Exhibits |
| 9:00 a.m. to 9:45 a.m. | Welcome and Introductions
Isaac Bryant , Assistant Commissioner,
Division of Student Services,
New Jersey Department of Education
Keynote Speaker
William Modzeleski , Associate
Deputy Undersecretary, Office
of Safe and Drug-Free Schools, U.S.
Department of Education |
| 10:00 a.m. to 12:00 p.m. | Workshops <ul style="list-style-type: none"> • National Center on Addiction and Substance Abuse (CASASTART) • Project ALERT—Adolescents Learning Experiences in Resistance Training • Second Step: A Violence Prevention Program • Strengthening Families Program for Parents and Youth 10–14 |
| 12:00 p.m. to 1:15 p.m. | Lunch and Exemplary Program Exhibits |
| 1:30 p.m. to 3:30 p.m. | Workshops <ul style="list-style-type: none"> • Life Skills Training • National Center on Addiction and Substance Abuse (CASASTART) • Project ALERT—Adolescents Learning Experiences in Resistance Training • Strengthening Families Program for Parents and Youth 10–14 |

*Conference funded under the federal
Safe and Drug-Free Schools and Communities Act.*

CASASTART (Striving Together to Achieve Rewarding Tomorrows)

A

The National Center on Addiction and Substance Abuse (CASA)
at Columbia University
New York, New York
Web site: <http://casacolumbia.org>

CASASTART is a substance abuse and violence prevention program that serves high-risk 8 to 13 year olds and their families. The program is a comprehensive, neighborhood-based, school-centered secondary intervention that brings together police, schools and community-based organizations to achieve two goals: 1) to redirect the lives of youngsters who are considered likely to end up in trouble e.g., likely to use drugs, become delinquent, or drop out of school), and 2) to reduce and control illegal drug use and related crime in the neighborhoods where the youths live to make the areas safer and more nurturing environments.

PROJECT ALERT (Adolescents Learning Experiences in Resistance Training)

B

Los Angeles, California
Web site: www.projectalert.com

Project ALERT is a two-year middle grade prevention curriculum focusing on tobacco, alcohol, marijuana and inhalants. Project ALERT helps students establish non-drug norms, develop reasons not to use and resist pro-drug pressures. The curriculum uses videos, guided classroom discussion, small group activities and role-plays to encourage students to practice and master resistance skills. Parent-involved homework assignments extend the learning process.

Second Step

A Violence Prevention Curriculum

A Violence Prevention Curriculum
Committee for Children
Seattle, Washington
Web site: <http://www.cfchildren.org>

Second Step: A Violence Prevention Curriculum is a school-based social skills curriculum that teaches children to change attitudes and behaviors that contribute to violence. The goals of Second Step are to reduce aggression and to promote the social competence of children from preschool through ninth grade. The program also addresses a range of other behaviors that may be warning signs of violence and aggression, including acting with extreme impulsiveness, interrupting, calling people names, bullying, and threatening.

The Strengthening Families Program

D

For Parents and Youth 10–14
Institute for Social and Behavioral
Research, Iowa State University
Ames, Iowa
Web site:
<http://www.extension.iastate.edu/SFP>

The Strengthening Families Program is a universal preventive intervention program designed for parents of all educational levels and their young adolescent children ages 10 to 14. The long-range goal of this program is to reduce substance use and behavioral problems during adolescence. The intermediate objectives of the curriculum include improving skills in nurturing and child management by parents improving interpersonal and personal competencies among youths, and improving pro-social skills in youths.



Life Skills Training (LST)
The National Health Promotion
Associates, Inc.
Hartsdale, New York
Web site:
<http://www.lifeskillstraining.com>

The Life Skills Training (LST) program addresses a wide range of risk and protective factors by teaching young people general personal and social skills in combination with drug resistance skills and normative education. LST is a universal, primary, school-based drug abuse prevention program that targets individual adolescents, typically in school classrooms. The goal of the program is to prevent tobacco, alcohol, and drug abuse among youth. The designated program consists of a three-year prevention curriculum intended for elementary, middle school and junior high students. The three major content areas are self-management skills, general social skills, and drug-resistance skills and information.

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REGISTRATION FORM

Safe, Disciplined and Drug-Free Schools Exemplary Programs Showcase

Friday, May 16, 2003
8 AM to 3:30 PM

The National Conference Center at the Ramada Inn
East Windsor, NJ

Name: _____

Title: _____

School: _____

Address: _____

Daytime Phone: _____

Fax: _____

E-mail Address: _____

Please indicate below your first and second choices for each Workshop:

☐ **Workshop Group #1**—(10 AM to 12 PM)

1st choice ☐ A ☐ B ☐ C ☐ D

2nd choice ☐ A ☐ B ☐ C ☐ D

☐ **Workshop Group #2**—(1:30 to 3:30 PM)

1st choice ☐ E ☐ F ☐ G ☐ H

2nd choice ☐ E ☐ F ☐ G ☐ H

Please also indicate your preference for lunch entree:

Chicken ☐ Beef ☐ Vegetarian ☐

REGISTRATION INFORMATION

Please note that seating is limited to 300 participants for this very special conference. Your prompt reply will help to ensure that you are enrolled in the Workshops of your choice. Confirmation of your registration is required to attend. Registrations will be accepted in order of receipt. You will receive confirmation of your registration prior to May 16.

Your response via fax to the Event Coordinator at (908) 237-0327 is preferred for early confirmation. You also may mail your registration form using the enclosed envelope. This brochure is available online at www.nj.gov/njded/chared/brochure.pdf and www.njn.net/community/specialinterest/safeschools.html

OTHER REGISTRATION INFORMATION

There is no fee to attend the conference. Refreshments and lunch will be provided.

Questions regarding the conference?

Please send an e-mail to the Event Coordinator at
safeschoolsnj@yahoo.com

We appreciate your response by Friday, May 9, 2003.

DIRECTIONS

From the NJ Turnpike – North or South:

Take Exit 8, bear right after the toll towards Freehold/Twin Rivers (Rt. 33 East). Immediately get into left lane and make left turn at first traffic light (Woodside Avenue). (The left turn is less than 1/4 mile from the exit ramp). The hotel will be directly in front of you.

From NY City:

Take George Washington Bridge, Holland or Lincoln Tunnel to New Jersey Turnpike South (follow directions above from NJ Turnpike).

From Princeton, Rt. 1 & Vicinity (via Rt. 571 East)

Take Route 571 East (Princeton-Hightstown Road) to Route 133 East to end. Make a right at traffic light (Route 33), get into right lane immediately and make right at first traffic light (Woodside Avenue). Hotel will be directly in front of you.

From Freehold/Points East (via Rt. 33 West):

From Rt. 9, the Garden State Parkway, or Rt. 537, pick up Rt. 33 West, follow into East Windsor/Twin Rivers. Bear right onto Woodside Street, which turns into Monmouth Street. Hotel is just ahead on the right.

From Six Flags Great Adventure:

Exit Six Flags. Turn right onto Rt. 537 to Rt. 195 West to the NJ Turnpike North. (follow directions above for NJ Turnpike).

From Central New Jersey (via Rt. 206 South):

Take Rt. 206 South to Rt. 287 South to NJ Turnpike South & follow directions from NJ Turnpike. Alternatively, take Rt. 206 South to Nassau Street exit in Princeton. Turn left onto Nassau Street. Then turn right onto Washington Road, which becomes Rt. 571 East (follow directions on left from Princeton).

From Philadelphia Area (via Rt. 1):

If using the NJ Turnpike, see directions above. Otherwise, take Rt. 95/295 to Rt. 1 North to Princeton (follow directions on left from Princeton).

From North Brunswick Area (via Rt. 130 South):

Rt. 130 South to Hightstown Circle. Turn left at sign for Hightstown & Shore Points. Follow about 1 mile, then turn left onto Monmouth Street (Rt. 633). Hotel is ahead 1 mile on left.

From Bordentown Area (via Rt. 130 North):

Take Rt. 130 North to Rt. 33 East into Hightstown. Pass through 3 lights. After 3rd light, make the first right onto Monmouth Street. Hotel is about 1 mile ahead on the left.

RAMADA INN

The National Conference Center

399 Monmouth Street

East Windsor, NJ 08520

Phone: 609-443-8000

www.the.ramada.com/eastwindsor02062